

Enjoy a karate tournament, personalized training, and cultural immersion.

Tokushima Budo Tour 2026 (6days)

Dates : 2026/12/3 ▶ 2026/12/8

A spiritual journey to experience the essence of bushido

Tokushima: A place for the soul, rich in nature and history

Photo: Great Naruto Bridge

Departure	December 3, 2026 (Thursday) - 5 nights, 6 days
Hotel	Aoawo Naruto Resort (western-style room with bath and toilet)
Meals included	5 breakfasts, 4 lunches, 5 dinners
tour guide	accompany you throughout the entire trip.
Minimum participants	20
Chartered bus	Tokushima Bus or I-Net Kanko

Tour price (all ages)
230,000yen

(Bus seats, * Sharing a room with other guests is not permitted. beds, and meals are not provided.)

per person,	based on double occupancy
Price for 4 people sharing a room	218,000 yen
Price for 3 people sharing a room	224,000 yen
Price for single occupancy:	290,000 yen (adults only)
*Children 6 and under:	4,400 yen

* Sharing a room with other guests is not permitted,

*Karate training will be tailored to accommodate participant interests as much as possible. Requests regarding specific aspects of kata or sparring can be made during registration. However, time and content constraints may limit the number we can fulfill.

*Karate training will be conducted by Yuichiro Osaka, Kenji Maekawa, and Emi Shoguchi. Plans are subject to change.

Tokushima Budo Tour 2026 - 6 Days - Itinerary - Chartered Bus

1	12/3 (Thu)	Arrive in Tokushima. Tokushima Awa Odori Airport (13:00) - Matsushige Bus Terminal (13:30) Transfer to hotel (Dinner at hotel) *Meals: Breakfast × Lunch × Dinner ○
2	12/4 (Fri)	Hotel (9:00) Shinkyokushinkai Tokushima Northeast Awaji Branch, Matsushige Dojo Morning/Training: Karate seminar tailored to hone your interests Instructors: Osaka Shihan, Maekawa Shihan, Shoguchi Sensei Afternoon/Sightseeing: Visit Ryozenji Temple and Naruto German House, discover the bushido spirit of Tokushima, Hotel (17:30) *Meals: Breakfast○ Lunch○ Dinner○
3	12/5 (Sat)	Hotel (9:00) Naruto Otsuka Sports Park/Amino Value Hall Morning/Training: Karate seminar tailored to hone your interests Instructors: Osaka Shihan and Shoguchi Sensei Afternoon/Sightseeing: Visit Naruto Park and Otsuka International Museum of Art Relax in Tokushima's unique nature before the tournament Hotel (17:10) *Meals: Breakfast○ Lunch○ Dinner○
4	12/6 (Sun)	Hotel (8:00) Naruto Otsuka Sports Park/Amino Value Hall 9:00 AM - 4:00 PM The 2nd Tokushima Prefecture Karate Championship (Participation in competition limited to Shinkyokushinkai members; others can enjoy watching the matches.) <Experience the bushido spirit by participating in an authentic Japanese tournament> 19:00-21:00 Enjoy the tournament party Hotel (21:30) <Share the joy of a successful tournament with local members> *Meals: Breakfast○ Lunch○ Dinner○
5	12/7 (Mon)	Hotel (9:00) Tokushima Fresh Market Morning/ Sightseeing: Tokushima Fresh Market / Enjoy the Flavor of Tokushima < Try fishing and savor the fish you caught for lunch > Afternoon/Sightseeing :Indigo Museum & Dyeing Experience / Awa Odori Hall < Make your own souvenir from indigo dye, a samurai favorite / Enjoy traditional Tokushima culture > Hotel (18:00) *Meals: Breakfast ○ Lunch ○ Dinner ○
6	12/8 (Tue)	Check out of hotel (10:00) Matsushige Bus Terminal (10:20) To Tokushima Awa Odori Airport (10:30) *Meals: Breakfast ○ Lunch × Dinner ×

[Tour designed and operated by]

Nippon Travel Agency Co., Ltd., Shikoku East Sales Division, Tokushima Branch

Registered by the Commissioner of Tourism (Type 2 Travel Agency), Member of the Japan Association of Travel Agents

1st Floor, Koda Building, 1-10 Terashima Honmachi Nishi, Tokushima City, Tokushima Prefecture 770-0831

Tel 088-622-5547 (Weekdays 9:30 AM - 5:30 PM / Closed on Saturdays, Sundays, and public holidays / Japanese language support only) Contact: Fukushima

Shinkyokushinkai Tokushima Southwest Branch / Shihan
8th World Tournament (Kumite) / Silver medal

Yuichiro Osaka (5th Dan)

Shinkyokushinkai Tokushima Northeast and Awaji Branch / Shihan
36th All Japan Tournament (Kumite) / Silver medal

Kenji Maekawa (4th Dan)

Shinkyokushinkai Tokushima Northeast Awaji Branch / Instructor
10th World Tournament (Kumite) / Champion

56th All Japan Tournament (Kata) / Silver medal

Emi Shoguchi (4th Dan)

Tour highlights!

- ★Experience the spirit of bushido at a tournament held in Japan, the birthplace of karate!
- ★Learn from world-class karate instructors!
- ★Enjoy hands-on activities in Tokushima, a region rich in nature and history!

(Hotel)

Aoawo Naruto Resort



<Photo>

A Southern European-style resort hotel in Naruto, Tokushima, located within the Seto Inland Sea National Park, offering natural hot springs, a variety of restaurants for fine dining, and stunning views of the Naruto Strait.

*For inquiries and more information, please visit our website.
*Please check all travel requirements on the website before applying.



Japanese



English

【西日本26-080】

《Karate Practice》 A karate seminar tailored to hone your interests!!

The heart of the Tokushima Budo Tour is its customized training sessions.

Successful masters who have medaled in national and world championships will attentively guide participants in their desired training!!

When applying for the tour, feel free to include training concerns such as "I want to learn how to make my punches stronger" or "I want to learn key points of kata to help me win matches." Experienced instructors from Tokushima will carefully guide you through training tailored to these requests, no matter your rank, grade, age, or gender. Beginners are also welcome.

Those with no prior karate experience will learn basic karate forms that focus on balance and movement in a way that is accessible to everyone. These forms help shape the mind, an essential component of bushido.

The foundation of the Tokushima Budo Tour training is the spirit of bushido. Every technique we teach embodies this spirit. Let's all learn and enjoy bushido karate!!

You are also welcome to watch the traditional Japanese karate training without participating.



Experienced instructors from Tokushima



Shihan Yuichiro Osaka

5th Dan / Shinkyokushinkai
Tokushima Southwest Branch
8th World Tournament / Silver Medal (Kumite)



Shihan Kenji Maegawa

4th Dan / Shinkyokushinkai
Tokushima Northeast/Awaji Branch
36th All Japan Tournament / Silver Medal (Kumite)



Sensei Emi Shoguchi

4th Dan / Shinkyokushinkai
Tokushima Northeast/Awaji Branch
10th World Tournament / Champion (Kumite)
56th All Japan Tournament / Silver Medal (Kata)

《Tournament》 Karate without victory poses embodies the spirit of bushido!!



Karate has inherited the bushido spirit as its martial arts philosophy. Samurai respected even their adversaries as they fought for their lives. In the same way, the martial art of karate emphasizes showing consideration for the feelings of the defeated opponent, including refraining from victory gestures after winning a match. In Japan, karate tournaments adhering to this martial arts spirit have been held for over 50 years. Karate tournaments, ranging from small contests to large-scale events, are now held almost every week throughout Japan, but the bushido spirit is upheld in all of them.

Tokushima is a small Japanese city, but you can still experience the bushido spirit that thrives throughout the country by participating in or attending a tournament. In addition to the matches, you can enjoy attractions such as breaking boards and savor the flavors of Tokushima at the food booths. *The competition is limited to Shinkyokushinkai members. There is a wide range of categories, from young children to older adults.

《Discover》 Learn how Tokushima's bushido spirit is rooted in its history and culture!



Tokushima possesses a unique samurai spirit with deep roots. It includes the history of the humane treatment of German prisoners of war from World War I in the Bando Prisoner of War Camp and the culture of the Shikoku Pilgrimage, which begins in Tokushima and continues throughout the Shikoku region.

The spirit of bushido represents the ideal mindset for humanity in today's world that is plagued by conflict and war. This tour will take you to the Naruto German Village, a memorial museum for the Bando Prisoner of War Camp, and Ryozenji Temple, the first temple on the Shikoku Pilgrimage, to explore how the history and culture intertwine to form the samurai spirit of Tokushima. According to the traditions of the Shikoku Pilgrimage, Tokushima is the "Place of Awakening." In this land of the soul, please assimilate the spirit of bushido, which will serve as a guide for the hearts of all humanity.

《Tourism》 Enjoy the nature, flavors, and culture of Tokushima!



Tokushima is a place of special significance thanks to its abundant natural beauty that enriches the soul. The large Naruto whirlpools that form in the ocean are among Tokushima's proudest natural features. Participants will visit Naruto Park, where the Naruto whirlpools can be seen, the day before the competition to prepare mentally before the event. Furthermore, the tour will feature the natural bounty of Tokushima in your meals.

Watch the famous Awa Odori, a unique dance that reflects the way ancient Japanese people used their bodies for work and contains similarities to martial arts. Furthermore, another of Tokushima's specialties is indigo dyeing, and that color was a favorite of samurai. Take home an indigo-dyed souvenir to enjoy as a memento of your spiritual journey to Tokushima, a place steeped in the spirit of bushido.

Feel the Bushido spirit of Tokushima in the Heart

Place of Awakening

Access to Tokushima

It is convenient to get to Tokushima by plane from Haneda Airport or by bus from Kansai Airport.

It is also possible to take the train or other transportation. Please check this website for details.

homepage • QR code ↓



To those participating in the 2026 Tokushima Prefectural Tournament

Those wishing to enter the 2nd Open Tokushima Prefecture Karate Tournament, held during the tour, can register through the Tokushima Southwest Branch website. Entries will be accepted from September 1st to September 30th, 2026. For more details about the Tokushima Budo Tour 2026, please refer to the Shinkyokushinkai Tokushima Southwest Branch homepage. homepage • QR code ↓



Instagram

Information about Tokushima Budo

Tourism 2026 is also on Instagram.

We're posting beautiful photos of

Tokushima, so please follow us!

Instagram QR code ↓

